

THE LITTLE BOOK OF



The Celestial Herbalist
CRYSTAL CONJURE MAGIC

"Why should a man die," the old proverb asks, "who has sage in his garden?" For most of recorded history sage was the herb you grew above all others — *Salvia*, from the Latin *salvere*, to be well, to be saved, the very name a promise of rescue: *salvia salvatrix*, sage the savior. "He that would live for aye must eat sage in May," ran another rhyme. For two thousand years people took the plant at its word, and so prized it that Chinese merchants, who had their own fine teas, would once trade three crates of them for a single crate of European sage.

This is *Salvia officinalis* — the garden sage of the cook and the healer, a handsome, sober plant of gray-green leaves, pebbled and soft and slightly bitter, throwing up spikes of blue-violet flowers, the whole giving off a clean, savoury, resinous scent when brushed. (Its white-leaved desert cousin, *Salvia apiana*, is the sacred sage of the smudge-stick; the two are kin and both cleanse, but they are worth keeping distinct — this little book is the garden sage.)

It is no accident that the same word names a wise old person. Sage is the herb of wisdom quite as much as of health — the gray-green plant of the elder, the one who has lived long enough to know things and dry enough to say them plainly. Its tarot card is the Hierophant; its governing oracle is *Dealing with Tradition* — honor the wisdom handed down, and do not throw over what the ages have tested. It answers to the third eye, the seat of clear seeing, under the slow governance of Jupiter, planet of wisdom and of age. And it is the great cleanser: carried in the root-worker's conjure bag and burned to sweep a place clean of what clings to it.

Cleansing and clearing the past, wise judgment for good decisions, a brave and grounded protection, and the wise acceptance of what must go — four gifts of the savior-herb. This little book gives you one working for each.

Everything here is for external charm-craft only — these leaves are burned, carried, and placed, never eaten or brewed as tea. Do the ritual, then meet it halfway in the ordinary world.



◆ 1 · Sage for Cleansing — The Uncrossing Bag

Pluto-Aligned Sage · an Herbal working · the technique: "Charm Bag Creation"

Why this working. Here sage's cleansing power reaches its depth — the uncrossing and clearing of the old conjure work, the sweeping-clean of a space or a life of what clings and crosses it. Under Pluto, who cleanses and clears the past, garden sage does what it has always done in the root-worker's hands. This working makes the traditional cleansing charm bag — a small pouch of sage carried or kept in the space, sweeping it clean of the past's weight without a stick of white sage in sight.

You will need

- **Pluto Aligned Sage** — the hero, to cleanse, uncross, and clear the past
- **Mercury Aligned Comfrey** — to settle and protect what's been cleared
- **Mars Aligned Vervain** — the great warding herb, to seal out what was swept away
- **Black Tourmaline** — the keystone of cleansing and absorbing what harms
- **Sea Salt** — the simple purifying salt of a clean sweep
- A small cloth bag or pouch, and a little of the herbs

The working. This is a *Charm Bag Creation* — you make a small cloth bag of herbs to carry the cleansing with you. Into the pouch put a pinch of the **Sage**, **Comfrey**, and **Vervain** with a little **Sea Salt**, and add the **Black Tourmaline**. (If you wish to also cleanse by smoke, burn a small pinch of the loose garden sage in a fire-safe dish — not a bundle — and let the clean, savoury scent move through the room.) Draw the bag closed.

The charged moment. Hold the closed bag and breathe the sage's clean, savoury, resinous scent — the smell of a place swept clear. Move through the space you want cleansed, or simply hold the intention for your own life: what is crossed, swept clean; what clings from the past, cleared away. Say it: *What is crossed, I sweep clean; what clings, I clear; this space and I are made new.* Keep the bag where the cleansing is needed.

Keep it. Carry the bag or set it in the cleansed space, and refresh the sage when its scent fades. Re-burn a pinch when the air feels heavy again.

Then meet it halfway. The bag sweeps the space clean — you still clear the real clutter, end the stale situation, open the window. The working uncrosses it; you keep it clear.





♦ 2 · Sage for Wise Judgment — The Lamp of Insight

Mercury-Aligned Sage · a Visualization working · the technique: "Lamp of Insight"

Why this working. This is sage at its most characteristic: the herb of wisdom and good decisions, carried by root workers in a blue bag to discern the wise course, burned to help make good choices. Under Mercury, who sharpens wise judgment, it lights the way to a sound decision. This working is held in the mind's eye — a small steady lamp lighting just the next step of a hard choice, so the wise course comes clear.

You will need

- **Mercury Aligned Sage** — the hero, to sharpen wise judgment for good decisions
- **Mercury Aligned Oak Bark** — for the strength to hold to the wise choice
- **Saturn Aligned Lavender** — for the patience to decide unhurried
- **Lapis Lazuli** — the keystone of wisdom, truth, and the seeing third eye
- **Herb Salt** — the savoury salt of grounded, seasoned judgment
- A little of the herbs in a dish, and a quiet place to sit with the decision

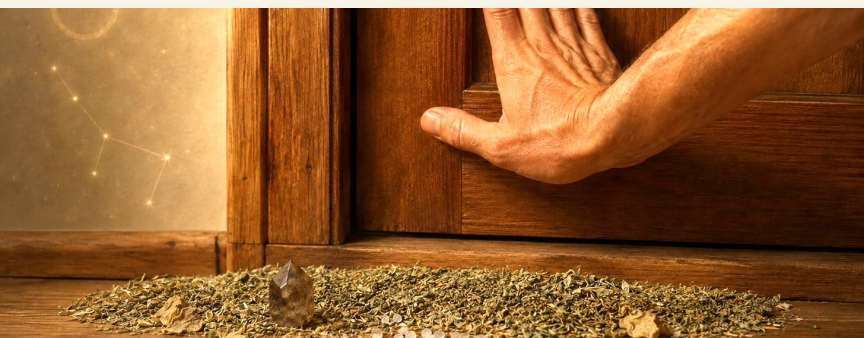
The working. This is a *Lamp of Insight* — you picture a small lantern lighting the next step of your path. Set the **Sage**, **Oak Bark**, and **Lavender** in the dish with a little **Herb Salt**, hold the **Lapis Lazuli**, close your eyes, and breathe the sage's clarifying scent.

The charged moment. Bring the decision to mind, then picture yourself holding a small steady lamp in the dark — not lighting the whole road, only the next few steps, clearly. Let the wise course show itself in that pool of light: the seasoned, sensible choice, the one the long memory of what-works would counsel. Say it: *By this light I see the wise step; I choose with the clear judgment of the elder.* Sit with what the lamp reveals.

Keep it. Return to the lamp whenever a choice clouds over. Carry the Lapis Lazuli when you must decide well.

Then meet it halfway. The lamp shows the wise step — you still take it, and the next, deciding with a clear head in the real world. The working sharpens your judgment; you act on it.





♦ 3 · Sage for Protection — The Warded Door

Mars-Aligned Sage · a Space & Home working · the technique: "Close a Door with Intention"

Why this working. Sage anchors a brave, grounded protection — not a frightened defensiveness but the steady, rooted guarding of the wise elder who knows what is worth protecting and stands firm at the threshold. Under Mars, who anchors that brave protection, it wards a boundary. This working closes a door with deliberate intention, sealing your space against what should not enter and making the threshold a firm, guarded line.

You will need

- **Mars Aligned Sage** — the hero, to anchor a brave, grounded protection
- **Mars Aligned Rosemary** — for a fierce, faithful guarding
- **Pluto Aligned Ginger** — for the heat to drive off what threatens
- **Smoky Quartz** — the keystone of grounding and protective shielding
- **Rock Salt** — the strong, coarse salt of a firm boundary
- An interior door you can close, and a little of the herbs at the threshold

The working. This is a *Close a Door with Intention* — you close a door deliberately to make a protective boundary. Set the **Sage, Rosemary,**

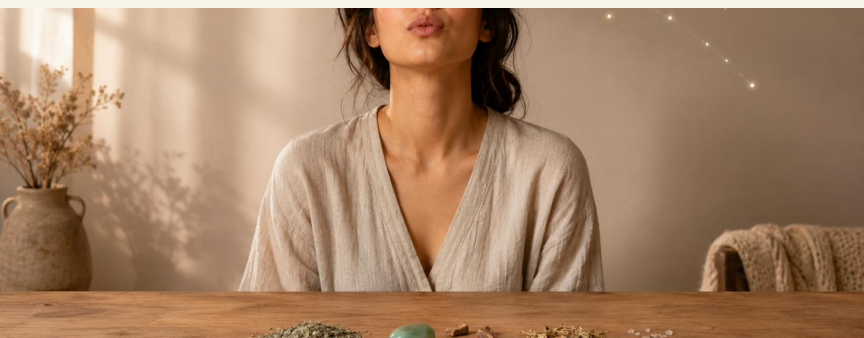
and **Ginger** with a little **Rock Salt** at the threshold, hold the **Smoky Quartz**, and stand at the open door.

The charged moment. Take hold of the door, and before you close it, name what you are warding out — the intrusion, the harm, the thing that should not cross. Then close the door slowly and deliberately, feeling the boundary seal as it latches: your space guarded, the threshold a firm and brave line. (Let the sage's savoury scent mark the warded space.) Say it, steady: *This threshold is warded; what means harm does not cross; what is mine is guarded.* Leave the herbs and Smoky Quartz at the door.

Keep it. Re-close the warded door when the space needs guarding again, and keep the Smoky Quartz at the threshold.

Then meet it halfway. The warded door seals the boundary — you still hold the line in the real world: the firm no, the locked door, the boundary kept. The working guards the threshold; you keep it.





♦ 4 · Sage for Acceptance — The Released Cloud

Ceres-Aligned Sage · a Breath working · the technique: "Intention on the Exhale"

Why this working. The wisest of sage's gifts is the hardest: the grounded acceptance of a loss, the making of peace with what must go. Under Ceres, who teaches the wise acceptance of loss, sage brings the elder's hard-won grace — not fighting the ending, but letting it go with dignity. This working names what must be released on each slow exhale, letting it drift off like a cloud, until the grip loosens and peace comes.

You will need

- **Ceres Aligned Sage** — the hero, to teach the wise acceptance of loss
- **Quaoar Aligned Oak Bark** — for the steadiness to stand through the loss
- **Moon Aligned Cilantro** — to settle the grieving heart
- **Green Aventurine** — the keystone of peace, healing, and quiet renewal
- **Lavender Salt** — the calming salt of a sorrow set down
- A quiet place to breathe, and a little of the herbs nearby

The working. This is an *Intention on the Exhale* — you name what

you're releasing, silently, as you breathe out. Set the **Sage, Oak Bark,** and **Cilantro** with a little **Lavender Salt** beside you, hold the **Green Aventurine**, and breathe the sage's clean, steadying scent.

The charged moment. Bring to mind what you are being asked to let go — the loss, the ending, the thing that must go. Then breathe slowly, and on each long exhale, silently name it and let a little of it drift away, like a cloud carried off on the wind, until your grip loosens. This is the elder's wisdom: not that the loss doesn't hurt, but that it can be set down. Say it, on an exhale: *I make peace with what must go; I let it drift, and I am still whole.* Breathe until the weight eases.

Keep it. Return to the releasing breath whenever the loss tightens its grip again. Carry the Green Aventurine through the grieving.

Then meet it halfway. The breath loosens the grip — you still do the real grieving, in its own time, letting the ending be an ending. The working brings the peace; you let it in.



◆ Choose Your Sage

Four kinds of wisdom, and there are more. Every one of the seventeen celestial bodies turns sage toward a different facet of the elder's gift — Saturn for earned mastery and authority, Neptune for the highest vision and universal truth, the Sun to grow strength from wise confidence, Uranus for clear-sighted insight and foresight.

Where to start:

- For **cleansing and clearing the past** → Pluto-Aligned Sage
- For **a wise, sound decision** → Mercury-Aligned Sage
- For **a grounded protection** → Mars-Aligned Sage

We did the prep. You do the magic.

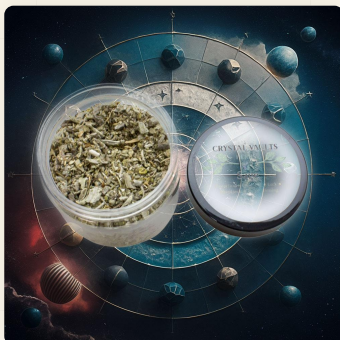
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Want the whole sky?

This little book works one herb through four of its gifts. The complete system works *fifty* herbs through all seventeen — 850 alignments, a rite for every one, more than 800 pages of the *why* and the *how*.

[*The Celestial Herbalist — 2-Volume Set →](#) (its free sample is the complete Rosemary chapter — all 17 alignments)*



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