

THE LITTLE BOOK OF



The Celestial Herbalist

CRYSTAL CONJURE MAGIC

The marigold is the flower of the sun and the flower of the dead, and it sees no contradiction in being both. By day it is pure sunlight made petal — a round, shaggy bloom of hot orange and gold that opens when the sun rises, follows it across the sky, and closes at dusk, so faithfully that old gardeners read the hour by it and called it the husbandman's dial. And by night its petals are strewn in long bright paths to lead the beloved dead back home: across Mexico the orange marigold lights the road of the Día de los Muertos, the lantern-colored way the spirits follow to their families' altars.

Comfort is its first and gentlest gift — the herb of cheer, grown to lift a heavy heart and steady a troubled one. Its old oracle deepens that into peacemaking: calendula is the resolver of the rift, the warm gold poured over whatever has been set at odds, soothing an angry feeling and finding the common ground that eases a quarrel. It is the seer's flower, too — slipped beneath the pillow for true and telling dreams, gazed into to reveal the truth of a matter — and, as the flower of the dead, the gentle companion that carries a grieving heart through loss toward healing.

Comfort, reconciliation, dreams, and healing through grief — four gifts of the small reliable sun. This little book gives you one working for each.

*Everything here is for external charm-craft only — these herbs are dressed, placed, offered, and anointed, never eaten or brewed as tea. Do the ritual, then meet it halfway in the ordinary world.*



## ◆ 1 · Calendula for Comfort — The Single Flame

*Sun-Aligned Calendula · a Candle working · the technique: "Single Flame Nightlight"*

**Why this working.** Calendula was always the herb of cheer — grown to lift a heavy heart, the small reliable sun kept by the back door. Under the Sun, its own ruling light, it warms a low spirit back into gentle confidence. This is the simplest comfort: one warm flame in the quiet, and the sun-flower's gold around it, for an evening when the heart needs steadying.

### You will need

- **Sun Aligned Calendula** — the hero, the little sun that gladdens the heart
- **Sun Aligned Basil** — for a rekindled, joyful spark
- **Venus Aligned St John's Wort** — to warm hope back into a heavy heart
- **Orange Calcite** — the warm, sunny stone of cheer and gentle uplift
- **Saffron Salt** — the golden salt (calendula's own kin, the "poor man's saffron")
- A single candle, gold or cream, and a holder

**The working.** This is a *Single Flame Nightlight* — you sit with one candle as your only light and let it steady you. Ring the candle's base

with the **Saffron Salt**, and scatter the **Calendula**, **Basil**, and **St John's Wort** around it, naming each — the cheer, the spark, the hope. Set the **Orange Calcite** where the light will catch it. Dim the other lights and let this be your only flame.

**The charged moment.** Sit in the small circle of warm light. (Dried calendula carries only a faint, honeyed trace, so let this working live in the *warmth* and the *seeing*, not the scent.) Watch the gold of the flame and the gold of the petals, and feel the heaviness in your chest easing toward the light. Say it quietly: *The warmth returns, and my heart is eased.*

**Keep it.** Sit as long as the light is kind. Snuff the candle, never blow it, and relight it on the next low evening. Keep the Orange Calcite in your pocket for a grey day.

**Then meet it halfway.** The flame warms the heart — you still reach for the small kind thing: the walk, the call, the rest. The working steadies you; you take the next gentle step.





## ◆ 2 · Calendula for Reconciliation — The Peace Offering

*Gonggong-Aligned Calendula · an Offering working · the technique:  
"Bread Crumb Earth Offering"*

**Why this working.** Calendula's deepest gift is resolving the rift — the warm gold poured over what has been set at odds, easing the quarrel and finding the common ground. Under Gonggong, which builds common ground from the wreckage, it becomes the peacemaker's herb. And peace, in the old way, is asked for with an *offering* — a small gift left to the earth as a sign of good faith, that a broken bond may be mended.

### **You will need**

- **Gonggong Aligned Calendula** — the hero, building common ground from the rift
- **Eris Aligned Cinnamon** — for the steady fire that keeps mending when it's hard
- **Moon Aligned Mistletoe** — for peace and a truce that holds
- **Pink Tourmaline** — the keystone of the heart's forgiveness
- **Rock Salt** — plain, honest salt for a clean, firm accord
- A small piece of bread and an outdoor place

**The working.** This is a *Bread Crumb Earth Offering* — you leave a small gift to the earth as a token of peace made. Hold the bread and

the **Calendula**, **Cinnamon**, and **Mistletoe** together, naming your wish for the mending — the person, the quarrel, the peace you want restored. Add a few grains of **Rock Salt** for a clean accord, and hold the **Pink Tourmaline** to your heart as you do.

**The charged moment.** Take the herbs and bread outside to a bit of earth — a garden, a tree's root, a quiet corner. As you set them down, see the anger draining out of the matter and the common ground opening between you and the other. Say it: *I lay down the quarrel; let peace grow here instead.* Leave the offering to the earth and the birds.

**Then meet it halfway.** The offering opens the way to peace — you still make the call, say the words, extend the hand. The working softens the ground; you take the first step across it.





### ◆ 3 · Calendula for Dreams — The Bedside Bloom

*Moon-Aligned Calendula · an Herbal working · the technique: "Herb Beside a Bed"*

**Why this working.** Calendula is the seer's flower — slipped beneath the pillow, it was said to bring true and telling dreams, and to thin the veil so the sleeping mind sees clearly. Under the Moon, ruler of dreams and the tides of sleep, that gift comes into its own. This is the gentlest of workings: the sun-flower kept beside your bed, quietly stirring the night's true visions.

#### **You will need**

- **Moon Aligned Calendula** — the hero, the seer's flower for true dreams
- **Moon Aligned Lavender** — for restful sleep and prophetic dreams
- **Moon Aligned Spearmint** — for restful, vivid sleep
- **Howlite** — the keystone of calm sleep and dream recall
- **Lavender Salt** — the salt of rest and quiet
- A small dish or cloth pouch

**The working.** This is *Herb Beside a Bed* — a small charm of dream-herbs kept at the bedside. In the dish or pouch, lay a little **Lavender Salt**, then the **Calendula**, **Lavender**, and **Spearmint**, naming each — the true dreams, the restful sleep, the calm. Set the **Howlite** among

them. Place it on your bedside table, or tuck the pouch near your pillow (not under your head).

**The charged moment.** As you settle to sleep, look at the gold of the calendula a moment. (Its dried scent is faint — a soft, dry trace — so let the seeing and the intention carry it.) Fix in your mind the question you want the night to answer, and say it silently: *Show me true; let me remember.* Keep a notebook by the bed for what comes.

**Then meet it halfway.** The bloom opens the dream — you still lie down willing to listen, and write down what you're shown before it fades. The working sends the vision; you receive and remember it.





## ◆ 4 · Calendula for Grief — The Golden Essence

*Sedna-Aligned Calendula · an Essence working · the technique:*  
"Essence in a Shallow Dish"

**Why this working.** Calendula is the flower of the dead — not in sorrow but in tenderness, the gold road that leads the beloved gone back home for a night, and the gentle companion of those they left behind. Under Sedna, which carries you through long grief toward healing, it becomes the herb of mourning's slow mend: not to hurry grief, but to walk beside it. This working makes a sun-blessed essence to anoint the grieving heart.

### You will need

- **Sedna Aligned Calendula** — the hero, carrying you through grief toward healing
- **Ceres Aligned St John's Wort** — to hold hope through the winter of grief
- **Moon Aligned Comfrey** — to gently mend the old, deep emotional wound
- **Kunzite** — the keystone of the grieving, opening heart
- **Pink Himalayan Salt** — gentle mineral salt, for tender care
- A shallow clear dish and clean water

**The working.** This is an *Essence in a Shallow Dish* — you draw the

flower's virtue into water under the sun, to anoint with (not to drink). Fill the shallow dish with clean water and dissolve a little **Pink Himalayan Salt**. Float the **Calendula**, **St John's Wort**, and **Comfrey** on the surface, rest the **Kunzite** beside the dish, and set it in the sunlight for an hour or two, so the sun's gold passes into the water.

**The charged moment.** When it has stood in the sun, dip a fingertip and touch the essence lightly to your heart. (Let the warmth of the sunned water and the touch carry the working — dried calendula's scent is faint.) As you do, let the grief be exactly as large as it is, and feel the small warmth of the sun held in the water meeting it — not erasing it, but sitting with it. Say it: *I carry this, and I am carried too.*

**When it's done.** Return the spent flowers and water to the earth. Keep the Kunzite close — in a pocket, by the bed — for the hard days.

**Then meet it halfway.** The essence sits with your grief — you still let yourself mourn, lean on the living, and take the days as they come. The working carries you; you let yourself be carried.



## ◆ Choose Your Calendula

Four gifts, and there are more. Every one of the seventeen celestial bodies turns calendula toward a different light — Jupiter for court favor and justice, Uranus for clairvoyance and the unseen, Mercury for mending broken talk, Neptune for a wide, healing compassion.

### Where to start:

- For **comfort and lifting a low mood** → Sun-Aligned Calendula
- For **mending a quarrel** → Gonggong-Aligned Calendula
- For **true dreams and clear sight** → Moon-Aligned Calendula

*We did the prep. You do the magic.*

**[Browse the full range of Celestial Aligned Calendula →](#)**



*Want the whole sky?*

This little book works one herb through four of its gifts. The complete system works *fifty* herbs through all seventeen — 850 alignments, a rite for every one, more than 800 pages of the *why* and the *how*.

\*[The Celestial Herbalist — 2-Volume Set →](#) (its free sample is the complete Rosemary chapter — all 17 alignments)\*



## Get your Celestial Aligned Calendula

*Ready-aligned, prepared and infused — free shipping in the U.S.*

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