

# Jack Frost Candle

1. Light your candle.
2. Say, “Candle candle, burn so bright, take away the chill of this cold dark night. Bestow us good health and blessings in the next year, we celebrate now with holiday cheer.”
3. Let your candle burn for at least a few minutes.
4. Before extinguishing the candle, take a second to appreciate the present and the magic winter prepares for spring.

