

# Manifest Spell Candle

1. Think about what you desire and grab something that represents it. Be sure your desire is within reasonable limits.
2. Formulate an intention without using the words want, need, or hope. Make your intention as if you already had what you desired.
3. When you have your intention, light your candle and speak it out loud.
4. Hold the physical representation of your intention and close your eyes.
5. Visualize the steps you need to take to achieve your desire.
6. Extinguish the candle flame if it did not burn out yet.
7. Revisit the physical representation of your intention as a reminder to keep moving towards your goal.

