

Crystal Conjure Cookbook

V O L 1



THE CRYSTAL MASTERS OF THE
CRYSTAL INNER CIRCLE

HOW TO:

**MAKE MAGIC
FROM YOUR
HERBS,
CRYSTALS, &
ESSENTIAL OILS
-VOLUME 1**

A COOKBOOK FOR YOUR LIFE AND SPIRIT

**By: The Crystal Masters of the
Crystal Inner Circle**

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Across time and culture, folk remedies have proven beneficial not only to the body, but to the mind and spirit.

PROLOGUE

Welcome to this most unusual “cookbook.” The realm of crystal conjure magic awaits. You are going to discover the wonders and magic of combining crystal energies, traditional herbal remedies, essential oils, and magical tokens in new and exciting ways.

Here you will find easy to follow recipes for lotions, creams, sprays, oils, powders, conjure bags, baths, and more. **Now, be aware, not all of these recipes are tested, and even the ones that are may not work with your ingredients or intentions.** Use these as a starting point and consider using this cookbook as an adventure. Expect the unexpected. Expect discovery, disappointment, success, amazement, and a general good time. Magic is what you make. The

recipes are a guidepost to your discoveries and your personal magic success.

Now... this cookbook teaches you how to make many magical crystal conjure items. To learn hundreds of ways to use these items in your life, join us in the Crystal Inner Circle. Here the Crystal Masters not only provide blogs on how to make many of these items, they also publish blogs and videos on how to actually use these magical items in everyday magic practices. You can learn about the many benefits of the [Crystal Inner Circle here](#).

Many of the recipes here can be made from a set of just 21 crystal essences, 21 herbs, 21 essential oils, and a few crystals using common household and kitchen items. Some require a special essential oil or perhaps a special herb. Those are clearly indicated. For example the Hummingbird conjure items use

Honeysuckle Oil which is not on the list. Some call for special elixirs, special crystals, or a herb or plant not in the basic set. We have pulled recipes from many cultures and as we have developed them we have found certain "extra" ingredients make the magic stronger. You can usually find these on Crystal Vaults or easily on the Internet.

Again, remember these recipes are your starting points. Adapt, change, explore, and enjoy your magic.

.....So let's begin.

THE BEGINNINGS

Folk remedies have been a part of every culture from the ancient Egyptians to modern day. Folk medicine consists of traditional healing concepts and elements used by people deemed to have the healing power. Often based on religious beliefs, these practices are used to cure diseases and promote emotional and physical well being.

Nowadays most folk remedies are an amalgamation of elements from European, African, Oriental, Christian, Hoodoo, Voodoo, Buddhism, Wicca, Taoism and other cultural traditions and religious practices.

The practice of folk medicine, until recently in history, was handed down from generation to generation by word of mouth. With the advent of the internet the

practices have spread rapidly and more mixing of the wisdom of many cultures is occurring daily.

This cookbook will have additional volumes with new recipes and techniques as they are discovered and perfected. Folks today are just as capable as their ancestors to make the most of the bounty of Mother Nature.

Here is just a note on the Deity, deities, spirits, spirit guides, totems, light beings, ascended masters, angels, gods, goddess, and other spiritual beings. The world's cultures have a plethora of beliefs in the spirit world. From the God of the Christians to the ancient Roman pantheon to the Hindu spirit world and beyond, the native peoples of this planet have their beliefs. We honor them, and do not judge here. This cookbook brings those beliefs along with the manner of magic. Just adapt the recipe to your beliefs and all will

be well. A bit of tolerance and understanding will suffice.

One word of advice. Using this cookbook is at your own risk. We cannot guarantee any particular results from any conjure item. These recipes are provided as curios only. The Universe does what it wishes, sometimes what we want and sometimes it ignores us. Conjure magic is an attempt to influence the Universe to align with our needs and desires. No guarantees in this Universe I am afraid. Nothing in this cookbook is to be considered medical advice nor should any information be used to treat any disorder.

THE CRYSTAL ESSENCES, HERBS, AND ESSENTIAL OILS

This is a listing of the “core” kit of 21 Herbs, Crystal Essences, and Essential Oils used in the Cookbook.

Crystal Essence	Herb	Essential Oil
Amethyst	Holy Basil (Tulsi)	Bergamot Essential Oil – Citrus bergamia
Amazonite	Bay leaves	Cedarwood Essential Oil – Cedrus atlantica
Amber	Calendula	Roman Chamomile Essential Oil – Chamaemelum nobile
Aquamarine	Cilantro	Clary Sage Essential Oil – Salvia sclarea
Blue Lace Agate	Cinnamon	Eucalyptus globulus Essential Oil

Crystal Essence	Herb	Essential Oil
Carnelian	Comfrey	Frankincense Essential Oil – <i>Boswellia carterii</i>
Chrysocola	Elderberry	Grapefruit Essential Oil – <i>Citrus paradisi</i>
Citrine	Ginger	French Lavender Essential Oil – <i>Lavandula angustifolia</i>
Emerald	Hibiscus	Lemon Essential Oil – <i>Citrus limon</i>
Fluorite	Jasmine	Lemongrass Essential Oil – <i>Cymbopogon citratus</i>
Jade	Lavender.	Lime Essential Oil – <i>Citrus aurantifolia</i>
Lapis	Lemon Verbena	Red Mandarin Essential Oil – <i>Citrus reticulata</i>
Larimar	Lemongrass	Sweet Marjoram Essential Oil – <i>Origanum majorana</i>
Obsidian	Mint	Peppermint Essential Oil – <i>Mentha piperita</i>

Crystal Essence	Herb	Essential Oil
Opal	Mistletoe	Myrrh Essential Oil – Commiphora myrrha
Quartz	Oak bark	Orange Essential Oil – Citrus sinensis
Rose Quartz	Rosemary	Patchouli Essential Oil – Pogostemon cablin
Selenite	Sage	Sandalwood Essential Oil – Santalum austrocaledonium
Tiger's Eye	Spanish moss	Geranium Essential Oil – Pelargonium graveolens
Tourmaline	St. John's wort	Vetiver Essential Oil – Vetiveria zizanioides
Turquoise	Vervain	Ylang Ylang Complete Essential Oil – Cananga odorata

These 21 Herbs, Essential Oils and Crystal Essences are your "basic Crystal Conjure

Magic kit.” You will use others for specific recipes but these are the primary ones you will reach for again and again.

Elixirs, Crystals, Plants, Animal Spirit Guides and other tokens

In addition to the standard sets of Herbs, Crystal Essences and Essential Oils, these recipes will suggest specific Mansion of the Moon elixirs to bring specific energy to the conjure item. These are available from Crystal Vaults. If you prefer, use your Van Van Elixir as a substitute. Many recipes will call for specific crystals, crystal chips and sands to bring the needed crystal energy. We strive to stock these in the Crystal Vaults also. Refer to specific recipes for details. Many recipes will call for specific charms including animal spirit guides. You can use the ones we identify or your own. The special plants and herbs called for in the

Conjure Gardens are easily found on the Internet.

Substitutions and Modifications

This cookbook is now your Crystal Conjure Cookbook. What is written here is a guide for you to use to find your way through the magic of crystal conjure. There might be a recipe for a body powder that you think would be much more potent or just more enjoyable to use if it had some jasmine or some other scent. Add it. Try things. Change the recipes to fit your life and feelings. Just like a baker with a chocolate cake recipe you will have the basics but as you know a great pastry chef will then build on that in hundreds of ways to make more and more delicious and wonderful cakes.

This cookbook is the basic guide to give you the elements you need to master crystal conjure magic. Explore,

experiment, change out things, add new ingredients, leave out the stuff you don't like. Build your personal library of recipes that work for you. Not sure of something? Try it! The magic is in you. Let it out!

THE MAGIC STARTS WITHIN

All conjure magic begins with intention. Without clear intentions and focus a candle is a candle, a herb is a herb and a crystal is just a pretty rock. You are the magician and the conjure artist of your life. That which is to be manifested with your conjure spells and rituals is first conceived in your mind and heart. Then it is converted to words and actions, gains the help of the Universal Spirit, and becomes real.

Your conjure magic is what is right and ethical for you. What you believe about influencing and directing your life will

color and shape your magic. Magic is simply an attempt to bring the future we desire into existence. Sometimes it looks like mundane acts like studying for an exam because we wish to pass and be successful in our studies. Sometimes it looks like a dream sachet that we use to have a restful night.

Do not just follow these recipes. They are guides for your mind and spirit. Only you can know what your mind and spirit need and what "fits" you. If a herb or crystal seems "wrong" don't use it. Your spirit is guiding you.

So focus your intentions. Seek the wisdom and guidance of the creative energy and Spirit of the Universe and find your path. Perhaps the many healers and shamans, wise women, priests, priestesses, witches, saints and sinners of the past might offer some assistance with their magic presented here.

We wish you health, happiness, and good fortune. Live well, practice with humility, and look out for others. It matters in your magic.

TIMING THE CONJURE MAGIC

Conjure magic can be performed anytime. We encourage you to practice this when you need it. But there are more auspicious times for some magic. The magic in the crystals, oil, powders and other items can be enhanced by making and using them when the Cosmic energies are favorable.



We use the travels of the Moon in the Zodiac to find those auspicious times. The Picatrix, an ancient volume of magic tells us the travels of the moon are the keys to the power of magical items and potions.

The travels of the Moon are codified in the 28 Mansions of the Moon. These are the nightly resting places of the Moon in it's roughly monthly orbit of the Earth. Each is a space in the Zodiac with special energy that the Moon amplifies and brings to our and our magic. We suggest following the Moon and taking advantage of the Universal energies in your magic.

To learn more the daily Moon blog in the Crystal Inner Circle is a great help. So is



the Daily Crystal Horoscope which allows you to track the Moon easily at home.

STANDARD PORTIONS AND RECIPES

In this section you will find general guidance on the various conjure products. Specifics are found in the recipes that follow this section. This section is a good place to start to understand just what all these products are all about and how they are generally used.

CONJURE ELIXIRS

Conjure elixirs are new. When you have a use for crystal conjure magic in a liquid form

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and oils are problematic, try a crystal conjure elixir.

For 1 oz of elixir

Ingredients

1 oz water

60 drops of various crystal essences.

Instructions

In a 1 oz dropper bottle fill about full with water then add the drops of crystal essences.

If you need to make any essences, use water that weighs 6 times the weight of the crystal and leave in the sun for 10 hours.

CONJURE OILS



Conjure oils trace their origins back to Ancient Egypt. You will find references to them in the Bible and many ancient documents and books. Modern practitioners of Hoodoo and related

practices use them extensively. Use oils to fix candles, prepare magical amulets, anoint the body and hair, add to bath water and floor washes, and dress furniture and rooms. According to folk magic spell lore, you can dab some on your body, put a few drops in the bath, anoint some on a mojo bag, put a few drops in your shoe, wash your door down with some to draw someone new into your life and home ,or you can put a few drops of some of them in a bed to rekindle your relationship.

For 1 oz of Conjure Oil

Ingredients

1 oz of base oil (Sweet Almond, Jojoba or others)

30 drops of different essential oils (usually 5 different)

A bit of a dried herb (optional)

3 drops of spirit water (optional)

1/2 teaspoon or so of crystal chips (optional)

Instructions:

Add any dried herbs to a 2 oz dropper bottle. Then add the rest of the ingredients. Shake well before use. We recommend eye dropper bottles to assure easy use.

CONJURE POWDERS

Conjure powders are used for a wide variety of purposes from anointing candles to guarding areas or pets. Many are used in lieu of oils when the oils present a staining hazard. These magical powder can be sprinkled around your home or office or a particular place. You can dust your clothes or shoes. You can dust your divination tools or altars. Use them in rituals such as dressing candles or dusting your ritual protection circle. Use them in conjure bags, amulets and talismans. Use them in spells and rituals. Or add to sachets and feng shui lucky items.

For 2 ounces of a Conjure Powder

Ingredients

1 oz of basic powder (cornstarch or arrowroot usually)

3 - 4 tablespoons ground herbs

2 drops of crystal essences

2 drops of essential oil

A little rice to keep the mixture from getting clumpy

Instructions

Mix the ground herbs together first. Use a kitchen bladed coffee grinder for best results. Now add the crystal essences one drop at a time and mix. Then add the 2 drops of essential oils. Mix. Now slowly add the basic powder. Continue mixing until all the basic powder is added. If the mixture is slightly lumpy or a bit damp, add a bit more basic powder. Add the final mix to a small powder jar with a bit of rice to absorb moisture.

CONJURE BODY POWDERS

These are made in a similar fashion to the basic conjure powders. Because they are for the skin, herbs are not used and sometimes baking powder is substituted for 1/4 of the basic powder.

For 2 ounces of Conjure Body Powder

Ingredients

1 oz of basic powder (cornstarch or arrowroot usually)

1/2 oz of baking powder (optional)

2 drops of crystal essences

2 drops of essential oil

A little rice to keep the mixture from getting clumpy

Instructions

Add the basic powder and baking powder to a grinder or mortal and pestle. Use a kitchen bladed coffee grinder for best results. Now add the crystal essences

one drop at a time and mix. Then add the 2 drops of essential oils. Mix. If the mixture is slightly lumpy or a bit damp, add a bit more basic powder.

CRYSTAL CONJURE SPRAYS AND MISTS

Room sprays, pillow sprays, room air fresheners, protective sprays, conjure mists and other aerosol products are very easy to use. Just don't use synthetic fragrances. They often give people a headache.



Ingredients

Crystal essences and elixirs

Essential oils

Witch Hazel

Sea salt (optional)

Distilled water

Instructions

In a 4 ounce spray bottle

Add 20 - 30 drops of essential oil. You may have to experiment. Some oils are much more aromatic than other.

Fill the bottle half full with Witch Hazel

Next add the crystal essences and elixirs. Next the bottle with distilled water

You can add a few fresh herbs too. For clearing and cleansing sprays add a teaspoon of sea salt. To do so, add the salt to the water and stir until dissolved. You might have to heat the water a bit then let the salt water cool before adding it to the spray bottle.

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Pour the salt water into an empty spray bottle. Add the remaining ingredients and shake well. Shake before use.

MIND MELD CRYSTAL POTIONS

A mind meld crystal potion is a blend of a number of specially selected crystal essences that is made only when the Moon is in a favorable astrological position. We use our knowledge of the Mansions of the Moon to assure we make the Mind Meld Crystals Potion when the Moon is in the right mansion for the elixir to be most effective.

The Mind Meld Crystal Potions are a blend of up to ten specially selected crystal essences blended to produce a fast, effective transfer of potent energy and guidance



directly to the mind of the user. These Potions do have a small amount of a specially selected essential oil to allow a more measured and complete absorption of the crystal energy.

These Mind Meld Crystal Potions are not used like normal elixirs. Rather they are directly administered to the Third Eye Chakra by touch. Specifically a drop or two of the Potion is placed on the index finger and the forehead is touch five times in a circle to administer the Potion. With each dap a simple mantra is spoken. So these are easy to use and the effects are quite immediate and pronounced.

The normal Mind Meld Potion are made for uses at two times. One is before a mediation session. These Meditation Mind Meld Crystal Potions (type I) are focused on benefits to be gained in conjunction with meditation and are designed to interact with the mind as it meditates. The

second type of Mind Meld Crystal Potions (type II) are used just before retiring for the night. These are formulated to work with the dreaming mind.

Ingredients:

- 10 selected crystal essences
- Selected essential oil
- A small dropper bottle
- Distilled Water

Instructions

In a 1 oz dropper bottle, fill about full with water then add 6 drops of each crystal essence and 1-2 drops of the essential oil. Provide instructions to shake and then use one drop on a finger. Tap the forehead 5 times with the finger in the shape of the five pips on a 5 of diamonds playing card.

CRYSTAL CONJURE BAGS

You may be familiar with mojo bags, or gris gris, or maybe hoodoo hands. They are all variations of the traditional magic bag that have been used by many cultures.



For a crystal conjure bag our standard contents are herbs, stones, and a charm.

Ingredients

1 or 2 Tablespoons of Herbs

1 or 2 drops of essential oils

A small tumbled stone or two

A charm related to the meaning of the bag.

An accompanying charging elixir or essence

Instructions

The bags are made of felt and the color may or may not be part of the design. They are tied closed with a cord usually leather using a miller's knot, They are activated before being closed and are "fed" each week with a spray, oil, or essence.

CRYSTAL CONJURE BODY LOTION

Body lotions are easy to make and use. Basis recipe is coconut oil, shea butter, almond oil, and essential oils. Ratio is 1 Tablespoon of coconut oil and shea butter, 2 Tablespoons sweet almond oil and 3-5 drops oils. Options include adding beeswax and Vitamin E. Vanilla extract is a common ingredient. You will need a blender.

Ingredients

1/2 cup of almond oil or any liquid oil
1/4 cup coconut oil
2 teaspoons Vitamin E
3 tablespoons or a bit more Shea butter
12 drops essential oils
1/4 teaspoon vanilla extract
12 drops crystal tinctures

Instructions

Mix all in a blender. Store in wide mouth jar. This will not work in a lotion pump. This is more a body lotion/butter consistency.

CONJURE BATH SALTS

Conjure Bath Salts are easy to make. The secret is don't try to make them before hand. Too many things to go wrong. Follow this approach.

Ingredients

The basic recipe makes 5 cups

3 cups Epsom salts

1/2 cup baking soda

1 cup coarse dead sea salt, Celtic salt, or pink himalayan salt crystals

40-60 drops of essential oils (2- 3 ml)

4- 6 tablespoons dried or fresh herbs

A jar and a small plastic bucket.

Instructions

Mix the salts and baking soda in a bowl add the dried herbs and mix again. Now store this in an air tight jar until needed.

When you wish to use the bath salts, collect the salt mixture bottle and your essential oils.

To make this easy and very effective, run the hot water until hot. Now take a small plastic bucket and add the salts and oils. Mix it a bit then place this under the hot running water until the bucket is about half full and set at the end of the tub. Let it sit and dissolve the salts a few minutes so you don't have undissolved salts in the bottom of the tub. Now place the bucket back under the running bath water. Let the water just flow from the

bucket to the bath. Remove the bucket when your bath is full. Relax.

CONJURE BATH TEA (BAGS)

A Conjure bath tea bag is a muslin bag of herbs and essential oils along with some crystals, crystal essences and other components that is hung on the running bath water or placed in a hot tub to infuse the bath water with the herbal and essential oil energy and aroma.

Ingredients

Crystal Conjure Bath Tea bags ingredients outside of dried herbs include: Epsom salt for aching muscles, powered milk for renewing skin, coconut oil for moisturizing, oatmeal for dry skin, honey for skin irritations, sea salt, Himalayan salt. Flower petals, dried flowers, vitamin E, crystal essences and essential oils.

Instructions

The cost to consider is the muslin bag. It is best to make up of the mixture for 5 or so baths, and keep this in a container with a small scoop. Then for each bath, scoop some of the mixture into your muslin bag for that bath. Just empty it after the bath, and rinse and dry the bag in the bath tub for the next bath.

The normal size is a 4 x 6 muslin bag. Selling price seems about \$2-3 per oz.

Instructions for use:

Put one tea bag into a hot bath and allow to steep for about 5 minutes or more or until the water is cool enough to enter the bath. Now as you bathe squeeze the bag occasionally to release all the salts and essences.

CONJURE SMUDGE STICKS



Smudge sticks can be made for any purpose. Certainly they are used to cleanse and purify a space. Herbs have been used this way for thousands of years in many cultures. But you can use them in man more ways. And they are easy to make. You only need some herbs and or flowers, some cotton string, some crystal

essences, some essential oil and scissors. Most all are based on sage, so you will usually need that as a base, but from then on, you can embellish them with oils, other herbs and flowers, crystals and more.

Ingredients.

Fresh or Dried Sage

Herbs of choice

String

Crystal Essences

Essential Oils

Instructions

Gather up your sage and other herbs and tie the base of them together with a good knot. Now take the string and start at the center of the bundle and wrap it towards the top. When you get there start back down all the way to the bottom crisscrossing your string. Be secure but

not real tight to crush the herbs too much. At the bottom wrap the string close together to sort of make a handle. Tie the the string at the bottom. Cut off the excess string and hang the bundle upside down for a week or two.

Now when it is dry, mix up a small amount of appropriate essential oils and crystal essences in a spray bottle. Spray the herb bundle and let it dry. Do this several times over a few days.

Instructions for use

One method is to light the end of the smudge stick and leave it to burn in a fireproof dish. Another, more common way is to use it to “smudge” a room or object by holding it in your hand and moving it about. A third way is to hold it in a dish or shell (abalone shell is traditional in some Native American

cultures) and wave the smoke with a feather.

CRYSTAL CONJURE DIFFUSER AROMATHERAPY

The diffuser blends are just the oils to be added to a diffuser. Normally there are only about 6 drops of oils in a diffuser. So we would normally have only 3 or so oils in a recipe and a couple drops of each one. Or if you are making an oil blend just 1/3 of the bottle of each oil. Then, to use, just add 6 drops of the oil to the water in a diffuser.

FENG SHUI ENERGY CANDLES



Here pages are removed in this sample.
What follows is a sample of them.

LADY LUCK BATH (TEA) BAGS

Ingredients

- A quart jar with lid
- 1/3 cup Sea Salt
- 1/3 cup Epson Salt
- 1/4 cup powdered milk
- 1/4 cup oatmeal
- 1 Tablespoon Coconut oil
- 1 Tablespoon Vitamin E
- 20 drops Lady Luck Elixir
- 1/2 cup dried Vervain
- 1/2 cup dried Mint
- 8 drops Vetiver Oil
- 4 x 6 inch (or so) muslin bag

Add all dry ingredients to a large mixing bowl. Stir well. Then add the Vetiver oil one drop at a time and stir. Now add the Lady Luck Elixir stirring constantly. Now store it in the closed jar.

To use

Add a scoop or two to a muslin bag and tie it shut. Put one tea bag into a hot bath and allow to steep for about 5 minutes or more or until the water is cool enough to enter the bath. Now as you bathe squeeze the bag occasionally to release all the salts and essences. Just empty it after the bath, and rinse and dry the bag in the bath tub for the next bath.

LADY LUCK JAR SPELL

The Lady Luck Jar Spell is used when a candle spell is impractical. Perfect for keeping on the table where you might play cards or gamble.

The Lady Luck Jar Spell is a Yin energy Jar Spell. These do not need as much active maintenance as the Yang Jar Spells

and are normally sealed and rejuvenated by the Full Moon's energy monthly.

Ingredients

Selenite or Moonstone sand

Citrine Sand or chips

Crazy Lace crystal chips

Picture Jasper crystal chips

Epidote crystal chips

Vervain

Elderberry

Spanish Moss

Lady Luck oil

Instructions

In a small jar that can be closed, add a layer of either Moonstone sand or chips, or Selenite sand or chips to the bottom. Then add a layer of Spanish Moss. Then add a layer of Crazy Lace Agate chips. Then add a layer of Vervain. Then add a layer of Picture Jasper chips. Then add a

layer of dried Elderberry. Finally add a layer of Epidote chips. Now activate the jar spell with a few drops of Lady Luck oil and close the jar with a blessing asking the Universal Spirit to have Lady Luck smile on you. The spell jar will usually need to be recharged monthly during the Full Moon by placing it in the moonlight for a few hours.

LADY LUCK GRID

The grid is the pentagram. The focus stone is an Amethyst point. The Way Stones are Amazonite for strength of character to use you luck wisely. The Desire Stones are Jade.

LADY LUCK TABLE TOP GARDEN

The Lucky Hand plants are Jade Plants (Crassula ovata) and other Crassula such as the beautiful Crassula Springtime. You will be planting a couple of them.

Crassula are easy to grow plants. It is perfect for our Lucky Hand Table Top Garden.

Ingredients

A medium tabletop planter

Two Crassula Plants.

Any others as desired

Cactus and Succulent Soil

Gravel

Small fiberglass screen wire sheet

Aventurine sand or chips

An emerald or two

Lady Luck Elixir

A small frog statue of some sort as an animal totem of Luck.

Instructions

Place an inch or two of gravel in the bottom of your tabletop planter. This is to allow the soil to drain and not become too wet. Next add a layer of the fiberglass screen wire. This keeps the soil from fouling the drainage stones below. Now moisten your potting soil and add two or three inches or so of soil to your planter. Now add your plants

Next spread your aventurine sand or chips on top of the soil. As you do request the blessing of the Universe to bring you luck. Add your monkey statue. Add 6 drops of Lady Luck Elixir and water sparingly. Place your garden in medium to bright light and water when the soil is very dry to the touch. Do not over water. Add 6 drops of Lady Luck Elixir when you water.

LADY LUCK CONJURE TERRARIUM

Conjure Magic Terrariums are used to bring the magic of herbs, crystals, crystal essences and magical talismans to your life in a living environment. This Lady Luck Terrarium is made to attract the Lady to your room or home.

Ingredients

Hemigraphis repanda or Dragons
Tongue
Sword Fern
Other plants as desired
Terrarium, glass bowl, cup etc.
Potting Soil for Terrariums
Sphagnum Moss
Fine garden gravel
lady Luck Crystal Essence
Distilled Water
Green Aventurine Sand or chips

Assorted crystals and clusters of personal choice, use green and gold colors

Instructions

Select a suitable container. It needs to be deep enough for the soil and crystals. You have essentially unlimited choices.

Place an 1-2 inches of fine gravel in the bottom of your terrarium. Cover this with about 1/2 inch deep layer of sphagnum moss. Next add about 2 inches of your terrarium soil. It should be rich in loam and peat moss. Now plant your plants. Not too close together. They will grow fast. Add soil around the roots and tamp down lightly. Now add your tumbled stones and crystals and crystal clusters. Be artistic here.

Carefully add water down one side of the inside of the terrarium until it is

moving through the Sphagnum Moss. Don't over water. You will need to give the terrarium good sunlight. A closed top terrarium should not be in direct sunlight as it will tend to develop mold. Check the water ever couple of days. You will want to tend this garden by keeping the plants in check. Your closed terrariums should be opened for a few minutes once a week, If you see condensation forming, open the lid.

ESSENTIALS

The recipes in the cookbook use some standard items. They are listed here for convenience

Almond Oil. Used in most oil based recipes

Arrowroot Powder. Used in most powder recipes.

Kitchen Bladed Coffee Grinder used to grind and powder the herbs

Candle holders. Used in ceremonies. You need several shapes and sizes

Dropper bottles. Usually 1 or 2 oz bottles used to store elixirs and oils

Small cabinet or series of bottles to store the 21 herbs in.

Waxed paper. Used to mix herbs

Shallow pan. Used to mix items in.

Jar Labels. used to label the items as they are made.

Small kitchen scale to weigh herbs

Set of measuring spoons to measure herbs and oils

The Crystal Daily Horoscope to keep track of the Moon's travels to know the most advantageous time to make conjure items (or join the Crystal Inner Circle and read the daily blogs there)

Tea lights. Used in ceremonies, rituals, and Feng Shui candles

Votive candle holders. Used in Feng Shui candles

Matches. We use crystal Energy matches in ceremonies and rituals

Altar cloth used in ceremonies and rituals

Glass cover for Altar to protect against fire danger. (Simple piece of window glass with some tape around the edges to protect from cuts. Usually 18-24 inches square.

Small cloth bag for Pillow sachets. Usually about 3 x 3 inches but can be bigger. Up to you.

Bath tea bags. Usually 4 x 6 muslin bags

Crystal sands and chips. These are used in many conjure items - Feng Shui Energy candles, oils, candle dressings, etc. You need a wide variety. Check out the individual recipes for specifics.