

# Crystal Conjure Cookbook

Volume 2

THE CRYSTAL MASTERS OF THE  
CRYSTAL INNER CIRCLE



# **HOW TO: MAKE MAGIC FROM YOUR CRYSTALS, HERBS, & ESSENTIAL OILS -VOLUME 2**

## **A COOKBOOK FOR YOUR LIFE AND SPIRIT**

**By: The Crystal Masters of the  
Crystal Inner Circle**

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Across time and culture, folk remedies have proven beneficial not only to the body, but to the mind and spirit.

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# CONJURE SIMMER POT SPELLS

These are easy. You add your elements to a pot (or caldron) of water. There is a basic pot of aromatic herbs and fruit to which the specifics of a pot are added.



## Ingredients

A pot

2/3 full of water

A handful of 2 or 3 herbs

Several crystal essences

Several essential oils

A bay leaf with your intention on it.

## **Instructions**

Slowly bring the water to a low boil and add the herbs and elixir. Let it simmer on the heat gently to bring the energy of the spell to your home and spirit.

## **CRYSTAL CONJURE HERBAL TEAS**

You can make your special blend of herbal teas by combining herbs that correlate with your needs. Add crystal essences to infuse them with magic and attract your desires.

## **CRYSTAL CONJURE PILLOW SACHETS**

Conjure pillow sachets are small cloth bags filled with aromatic herbs. Using essential oils is possible, but they may

stain. The bags are usually small, 3 x 3 inches or so, and sewn shut.

## **Ingredients**

Fabric bags, approx. 3 x 3 in.

Several types of herbs

Several crystal essences or mists

A charm

Essential oil (optional)

## **Instructions**

Find a small bag that can be tied or sewn shut so the herbs do not spill out in the pillow or bed.

In a bowl, add the herbs and mix. Spritz the herbs with the crystal mists or add a few drops of the essences to the herbs. Mix and let dry out. Add a drop or two of oil as desired. Be careful to let the herbs completely dry to avoid mildewing.

Add the herbs and charm to the bag and sew it shut or use a string to tie it shut if you plan to reuse the bag or add more herbs. Add a way to hang the bag if you are using it in a closet, drawers, etc.

## **CRYSTAL SPELL CANDLES**

Candle spells are unique to the individual need. Use a candle spell for immediate needs. The fire energy is potent and offers immediate fulfillment of the desire. The spells are widely variable. The key elements are intention, a candle, some oil, herbs to dress the candle, and a way to hold the candle while it is burning. Usually, the reason for the spell is written on a piece of paper placed under or near the candle. The ritual is often simple - a few words are spoken at various times in the ritual. The candle can be pinched out

(never blown out) as needed for safety and practicality.

## **Ingredients**

A tapered candle

One or more essential oils

Crystal sand

Herbs

A pen and paper

Gloves

A shallow pan

Parchment paper

A candle holder

A fireproof location

Matches

## **Instructions**

Grind the herbs to a powder using a kitchen bladed coffee grinder or a mortar and pestle. Put the mixture in a shallow pan, a disposable cake pan works well.



Add the crystal sand and mix it in. Spread the mixture thinly around the pan.

With your gloves on, add a few drops of the oil to the side of the candle and rub it all over the sides of the candle.

Then roll the candle in the mixture to coat it well. You may find you will need to also sprinkle some herbs or sand on the candle after rolling it. Set the candle aside on a piece of parchment paper to dry.

## **CONJURE MAGIC GRIDS**

Conjure Magic grids are based on the well-known crystal grids but are not limited to the use of just crystal energy. Rather the crystal energy is mixed with herbal energy on the grid. Usually, the herbal energy is contained in small vials and used mostly for the Way Stones. Also,

many are used in ceremonies where the finished and activated grid is gently sprinkled with appropriate herbs.

## **Ingredients**

A background design or photo

A grid design (square, the flower of life, etc.)

Selected crystal for Focus Stone

Selected tumbled stones or herbs for Way Stones and/or Spirit stones

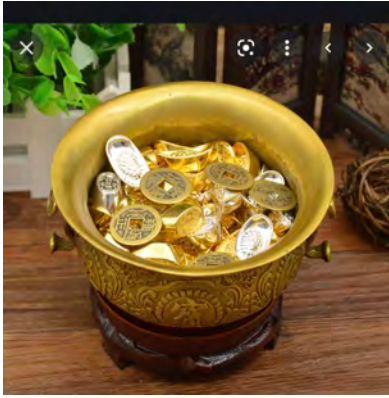
Selected stones for Desire Stones

## **Instructions**

Place or draw the grid design on the background. As you hold your intention in your mind's eye, place the Focus Stone, the Way Stones/herbs, and Desire Stones. Activate the grid with a wand.

# FENG SHUI ATTRACTION BOWLS

Feng Shui attraction bowls are a wonderful way to bring the magic and energy of the Universe into your life.



These are bowls of any size filled with the appropriate crystal, herbs, talismans, and other symbolic items to attract positive elements into your life. The bowls are

very personalized. The basic recipes here are starting points. You will need to add your own personal, symbolic items. Suggestions are provided to help get you started.

## Ingredients

A decorative bowl

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# THE RECIPES



These recipes are designed to give you a starting point. Mostly all should be personalized in your own way as you see fit for yourself. This will only strengthen the magic technique to connect you with your intention more.

## SEA OF TRANQUILITY - INNER PEACE



The world is a noisy, jumbled, often confusing, out-of-control place. The many issues of modern life seem to just pile up. We all start to absorb all that noise, confusion, doubt, worry, and stress. We all need a place and time to get away and find some inner peace. We need it for our sanity.

While it can be difficult or impossible for most of us to just jet away to some

tropical island, leave our phones behind, and just soak up the sun for a few weeks, we can snatch some real peace even at home.

Use these conjure magical items to find that inner peace we all need so often. Use them when you are stressed. The best time to make them is when the Moon is transiting the 17th Mansion, the Mansion of the Snows.

## **SEA OF TRANQUILITY ELIXIR**

For 1 oz. of Sea of Tranquility Elixir

### **Instructions**

Fill a 1 oz. dropper bottle with distilled or spring water, then add the following:

6 drops of Chrysocolla essence

6 drops of Larimar essence  
6 drops of Turquoise essence  
6 drops Mansion of the Snows elixir  
([330690](#))

## **SEA OF TRANQUILITY OIL**

Sea of Tranquility oil is a conjure oil for helping encourage peace from within. A true calmness that cannot be disturbed. This is a dressing oil not intended for use on your skin, too many essential oils. This is for dressing candles, anointing Crystal Conjure Bags, on altars, and such uses.

### **Ingredients**

4 drops of Lavender oil  
4 drops of Chamomile oil  
4 drops of Patchouli oil  
4 drops Myrrh wood oil  
4 drops of your oil

1 oz. Sweet Almond oil  
Chrysocolla or Amazonite chips  
Some dried lavender buds  
1 oz. dropper bottle

## **Instructions**

Add the herb and crystals chips to a 1 oz. dropper bottle. Now, add the essential oils. Fill the bottle almost full with almond oil. Tighten the lid on securely and turn the bottle upside down a few times to mix. Label it with the name and the date you made it.

This is a conjure oil, for anointing candles and used in spells, not for anointing your body. For example, put a dab in each corner of your desk, your altar, a crib, or a room. Repeat weekly.

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aromatherapy. It is easy and a great way to bring crystal and herbal energy to your life. This is a recipe for using essential oils and crystal essences in your aromatherapy diffuser.

## **Ingredients**

- 2 drops of Lavender oil
- 2 drops of Patchouli oil
- 2 drops of Myrrh oil
- 2 drops of Chamomile oil
- 6 drops Sea of Tranquility elixir

## **Instructions**

Add the oils and elixir to your diffuser as the diffuser instructions indicate.

# SEA OF TRANQUILITY LOTION

If you start the day with some lotion, why not use a personalized lotion that increases your peace throughout the day? Here is a very good body lotion - good for your skin and your well-being.

## Ingredients

- 1/2 cup of almond oil
- 1/4 cup coconut oil
- 2 tsp Vitamin E
- 3 tbs Shea butter
- 12 drops of Sea of Tranquility oil
- 12 drops Sea of Tranquility elixir

## Instructions

Mix all in a blender. Store in a wide-mouth jar. This will not work in a lotion pump. This is more a body lotion/butter consistency.

# SEA OF TRANQUILITY BATH SALTS

Sea of Tranquility Bath Salts is easy to make. The secret is don't try to make them beforehand. Too many things to go wrong. Follow this approach.

This recipe makes 5 cups

## Ingredients

3 cups Epsom salt

1/2 cup baking soda

1 cup coarse dead sea salt, Celtic salt,  
or pink Himalayan salt

15 drops of Frankincense oil

15 drops of Chamomile oil

15 drops of Patchouli oil

20 drops Sea of Tranquility elixir

2-3 tbs dried Lavender buds

2-3 tbs dried Jasmine buds

A jar

A small plastic bucket.

## **Instructions**

Mix the salts and baking soda in a bowl and add the dried herbs. Mix again. Store this in an air-tight jar until needed in a cool, dry place.

When you wish to use the bath salts, collect the salt mixture bottle and your essential oils.

To make this easy and very effective, run the hot water to your preferred temperature. Use your small plastic container and add the salts and oils. Mix it a bit. This mixture can be added directly into the running water or dissolved with hot water right in the container and then added to your bath. Relax and enjoy.

# SEA OF TRANQUILITY BATH SACHET

For about a quart

## Ingredients

A quart jar with a lid  
1/3 cup Sea salt  
1/3 cup Epson salt  
1/4 cup powdered milk  
1/4 cup oatmeal  
1 tbs Coconut oil  
1 tbs Vitamin E  
20 drops Sea of Tranquility Elixir  
1/2 cup dried sage  
1/2 cup dried Jasmine buds  
8 drops of Lavender oil  
4 x 6 muslin bag

## Instructions

Add all dry ingredients to a large mixing bowl and mix. Then, add the oil one drop

at a time and stir each. Now, add the elixir stirring constantly. Allow it to dry. Store it in the closed jar in a cool, dry place.

## **Instructions for use**

Add a scoop or two to a muslin bag and tie it shut. Put one sachet into a hot bath and allow it to steep for about 5 minutes or so. As you bathe, squeeze the bag occasionally to release all the salts and essences. Afterward, you can empty it, rinse it, and dry the bag for the next bath.

## **SEA OF TRANQUILITY JAR SPELL**

The Sea of Tranquility Jar Spell is used when the Candle Spell or Feng Shui Energy candle is impractical.

The Sea of Tranquility Jar Spell is a Yin energy jar spell. Yin energy jar spells are

for more passive spells, such as peace, relaxation, inspiration, etc. These do not need as much active maintenance as the Yang jar spells and are normally sealed and rejuvenated by the full moon's energy monthly.

## **Ingredients**

Moonstone chips

Black Tourmaline chips

Citrine chips

Amazonite or Chrysocolla chips

Sea of Tranquility elixir

Distilled water

Small jar with lid

## **Instructions**

In a small jar that can be closed at the top, add a layer of Moonstone to the bottom. Then, add layers of Tourmaline, Citrine, and Amazonite. Include 6 drops of the elixir. As you do, ask the Universal

# PROSPERITY



Beyond an adequate amount of the necessities of physical existence, we all seek more. We know there is a fullness to life beyond just existence. We have a spirit that wants to soar and this requires the means to afford the time and money to live our lives as we wish. We all wish to prosper. You know it takes studying and hard work, persistence, belief, and sometimes luck to prosper. Perhaps your



journey to prosperity could also use a helping hand from the Universe.

Use these Prosperity conjure items as you travel your road to prosperity. Use them often. The best time to make them is when the moon is transiting the 15th Mansion of the Moon, the Mansion of Wings.

## **PROSPERITY ELIXIR**

Use this for inviting prosperity into your home and life. Add a couple of drops to your wrists or chakra points each day. Use it in your shop or office. Good for charging any prosperity bowl, prosperity conjure bag, or sachet.

For 1 oz. of Prosperity Elixir

## Instructions

Fill a 1 oz. dropper bottle with distilled or spring water, then add the following:

6 drops Citrine essence

6 drops of Jade essence

6 drops of Fluorite essence

6 drops of Tiger's Eye essence

6 drops Mansion of the Wings elixir

([330688](#))

## PROSPERITY OIL

The Prosperity Oil is a proprietary blend that seeks to usher prosperity into your life in all forms. Whether you are looking for monetary prosperity, or prosperity in another aspect of your life, this oil will be perfect. Use it in spells, making prosperity powders and conjure bags, anointing candles in rituals, and more.

This oil is not for use on the body, it has too high a concentration of essential oils. For external use on your body, reduce essential oils to 4 drops each. Test on a small patch of skin to start.

## **Ingredients**

6 drops of Cedarwood oil  
6 drops of Chamomile oil  
6 drops of Sandalwood oil  
1 oz. Sweet Almond oil  
Pinch of dried Jasmine buds  
Green Aventurine chips  
1 oz. dropper bottle

## **Instructions**

Add the herb and crystals chips to a 1 oz. dropper bottle. Now, add the essential oils. Fill the bottle almost full with almond oil. Tighten the lid on securely and turn the bottle upside down a few times to

mix. Label it with the name and the date you made it.

This is a conjure oil, for anointing candles and used in spells, not for anointing your body. For example, put a dab in each corner of your desk, your altar, a crib, or a room. Repeat weekly.

## **PROSPERITY POWDER**

This is a dressing powder, not a body powder. Use this powder for many applications where you want to increase prosperity. Sprinkle a tiny bit across your doorstep, in the corners of your office, or your sacred space. The best method is to sprinkle a bit in your hand and then blow it toward the space intended.

For 3 oz. of powder

## **Ingredients**

- 1 tbs Cinnamon
- 2 tbs Jasmine
- 2 drops of Prosperity Elixir
- 2 drops of Cedarwood oil
- 1.5 oz. Arrowroot powder

## **Instructions**

Grind all herbs to a fine powder. We use a kitchen bladed coffee grinder but you can use a mortar and pestle if you like. Add the arrowroot powder and mix. Slowly add the oils and essences 1 drop at a time and mix in each one separately.

Pour this mixture into a 3 oz. shaker bottle. Add a bit of rice to reduce clumping. Store in a dry cool place. Shake well before use.

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