

Cleansing Crystals

**Your guide to Cleaning, Spiritually cleansing,
Awakening, Focusing, and Charging Crystals**

Henry Mason

Updated 2022 Edition

THE CRYSTAL VAULTS GUIDE TO CLEANSING CRYSTALS

Revised, Expanded, and Updated 2022 Edition

YOUR PERSONAL GUIDE TO CLEANING, SPIRITUALLY CLEANSING,
CHARGING, AWAKENING, AND FOCUSING CRYSTALS

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Preface

First published in 2009, the *Crystal Vaults Guide to Preparing Crystals* has been completely updated and expanded. Whether you have been using crystals your entire life or are new to them, this comprehensive guide will explain the multiple ways you can clean, spiritually cleanse, charge, awaken, and align your crystals for use. This update expands on the need to cleanse a crystal to prepare it to be recharged with positive energy from the sun. There are also new sections explaining the use of astrological timing to enhance the cleansing of crystals.

This is a guide, not a recipe book. You choose your path in life, just as you must now choose the right preparation methods for your crystals. We at Crystal Vaults offer you this guide to show you the options and explain them so you can find what is best for you and your crystals.

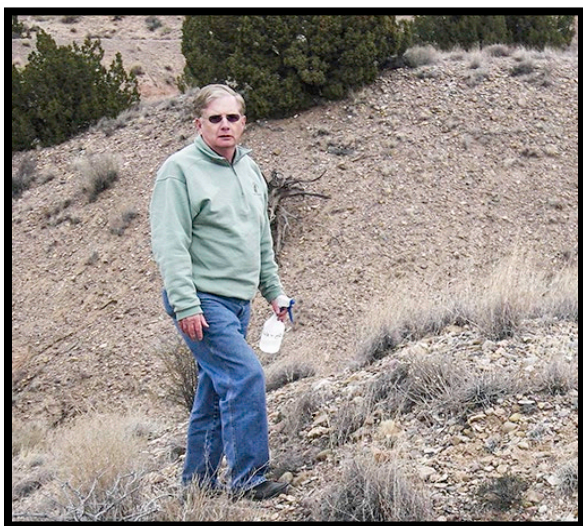
You need this guide if you use crystals for:

- ◆ Healing - yourself, others, or animal companions
- ◆ Meditation
- ◆ Feng Shui
- ◆ Angelic communications
- ◆ Honoring spiritual beings
- ◆ Preparing Talismans
- ◆ Preparing Elixirs and Potions
- ◆ Making Amulets
- ◆ Conducting Divination
- ◆ Using Crystal Medicine Wheels
- ◆ Practicing Crystal Astrology
- ◆ Using Crystals in the Garden
- ◆ Honoring the Goddess
- ◆ Building Crystal Grids and other uses

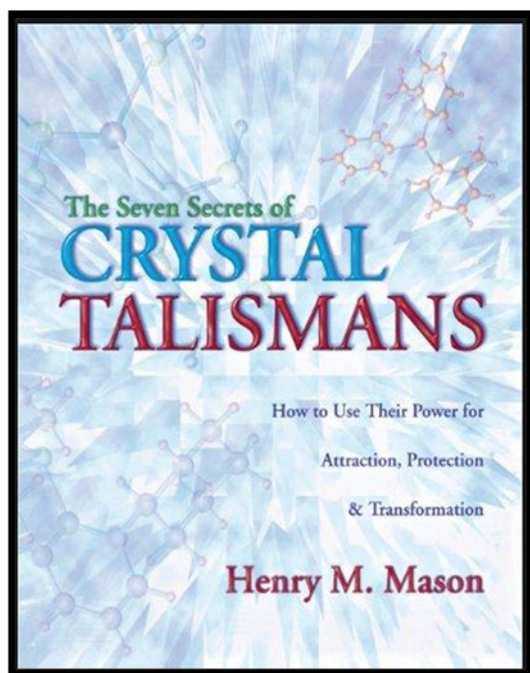
The uses of crystals are extensive. This guide can help you prepare your crystals effectively, assuring your crystal use is as effective as possible.

About the Author

Henry Mason is a Graduate Gemologist and author for Llewellyn Worldwide. He is the founder of Crystal Vaults, the Crystal Inner Circle, and the Crystal Master of the Crystal Guild. He is also the author of the Basic Crystal Users Course and all Crystal Guild courses leading to certification by the Guild of a Crystal Master.



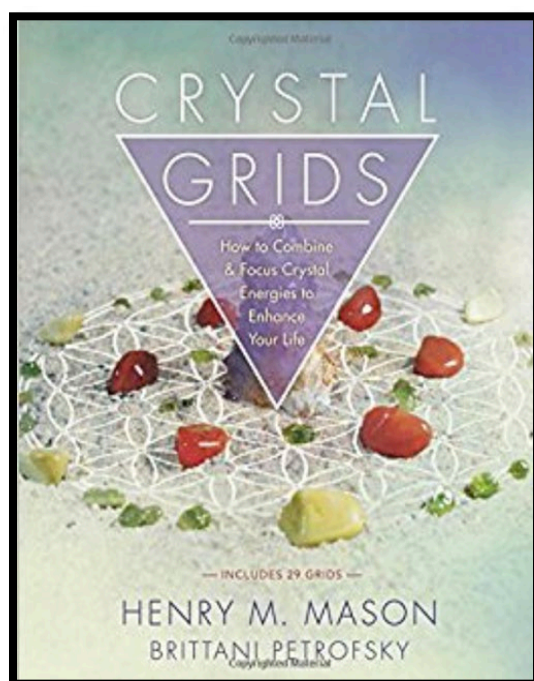
He has spent numerous years researching, studying, buying, selling, collecting, and loving crystals. In that time, he has discovered many secrets of the beneficial uses of crystals.



Some of these secrets are revealed in *The Seven Secrets of Crystal Talismans*. It explains how each crystal gets its unique energy and power. That book took several years of research, but the secrets it reveals were worth the time to discover. The hidden powers of crystals to amplify and focus the Universal Life Force are

finally understood and available to everyone.

His book *Crystal Grids, How to Combine & Focus Crystal Energies to Enhance Your Life* published in 2016, explains how crystal grids effectively transform your life in a dazzling array of powerful and practical ways. The book shows you how to choose the best crystals for your purpose, select a grid shape that will enhance your intention, clear and position the stones, and activate the grid.



This guide to crystal grids opens the door to many secrets to success with crystal grids.

In this special guide that you hold in your hands (or read on your screen) he has some new secrets for you. In this guide, he shares with you the secrets of success in getting started right with every crystal.

About this Guide

Some of what you read in this guide you might have heard about or read somewhere before. Excellent. This guide is based on extensive research from many cultures and authors. Some techniques are well known and extremely effective.

I also expect some of what you will learn here will be new to you. That is good, too. Of course, as with every instructional guide, some of what you read here will create conflict with what you believe or what you have learned previously from others. Expect that too.

This guide is not the rulebook for preparing crystals. Although the methods explained here have worked tremendously well for many others, it doesn't purport to be the final authority. Even better, they have worked when many others have failed. Therefore, I encourage you to take whatever methods work for your personal practice from this guide.

There is no reason why everybody shouldn't be successful in gaining the wisdom, peace, security, and blessings they can personally bring to life by using crystals.

With the assistance of this guide, you will assure your crystals are prepared and ready for use. Take time to read through this guide. It is the most complete and comprehensive guide available.

Introduction



The crystal kingdom offers us a bewildering array of crystals possessing a wide variety of spiritual energy and healing properties. Prepared properly, crystals help us accomplish amazing things.

Crystals can guide us, protect us, teach us, assist in communication, improve our spiritual wellbeing, and help us accomplish our goals and live our dreams. However, to do these things, crystals must be properly prepared.

An aged, dull, physically spent healing crystal isn't going to help anyone. A crystal previously surrounded by negative energy will be a poor conduit of the Life Force when you need it. Likewise, a crystal spirit that is unaware of you or your desires is ill-suited to assist you when you need protection.

You have likely read a few different books explaining various ways to clean and prepare your crystals; some of these methods may contradict each other. In addition, you

may be unsure of the reasoning behind many of the methods you have read about. Please understand that many practitioners prepare their crystals in various ways depending on the specific crystal and its intended uses and their experience.

This guide explains what you need to do and what to expect when you do something. It tells you where to accomplish an action, when to accomplish an action and why you are doing something.

Introduction | **The Five Key Steps**

Just like you, crystals need basic care. Crystals need to be cleaned, cleansed, charged, awakened, focused, and occasionally recharged to work effectively.

This guide will explain what preparation techniques are required for your crystals to work to their utmost potential. This guide is hereby organized into the following five key steps to preparing crystals:

- ◆ **Physical cleaning** of your crystals is often needed when the crystals have been handled recently or are newly purchased. While heavy cleaning is an industrial process

of removing clay and other elements, light cleaning is usually performed with water or a soft brush or cloth. This process cleans the crystal's surface of accumulated contaminants, including dust and fingerprints.

- ◆ **Spiritual cleansing** is the process of using the natural elemental (Air, Earth, Fire, and Water) energy to remove the negativity from a crystal. This is also known as clearing a crystal and is sometimes referred to as crystal purification. This process removes excess negative energy from the crystal and prepares it to be charged.
- ◆ **Charging crystals** is the next step. Crystals are charged by sunlight. Charging a crystal is the process of replenishing its positive Life Force energy.
- ◆ **Crystal awakening** is the process of gaining the attention of a crystal's spirit. Many crystal practitioners believe that crystals have an internal spirit that must be contacted in order to beneficially effect any interaction of the crystal towards your purpose. The awakening of a crystal spirit is accomplished by using sound waves.
- ◆ Awakened crystals must then be **focused**. This process is also called crystal alignment, crystal dedication, or crystal programming. This process needs the cool, introspective light of the moon.

Physical Cleaning



First of all, most crystals must be cleaned when you first find or purchase them. If they are found in nature, you may have some heavy cleaning to remove debris, other minerals, and caked-on dirt. Suppose you receive your crystals from dealers or other users. In that case, as is the case for most crystal users, it is usually only necessary to perform some light cleaning and polishing to remove fingerprints or bodily oils from previous handlers.

If you acquire crystals straight from a mine or on a field trip, they often require heavy cleaning to remove clay or other

minerals. This sometimes involves the use of solvents and acids. Such specialized cleaning is beyond this guide. However, not to leave you in the lurch, we can point you to some good information. For heavy cleaning of quartz, www.arcrytalmine.com offers good clear instructions. For cleaning other minerals, you will need a much more specialized guide. John Betts, a noted mineral dealer, has an [excellent guide for beginners](#).

Normally, only light cleaning is needed for crystals that are purchased from rock shops and dealers. The crystal or crystal cluster will have the clay and any iron oxide or other coating removed. The crystals will likely have been cleaned with water if they are not water-soluble. However, they're still likely to have dust, dirt, and oil from transportation, storage, and handling.

Physically Cleaning Crystals | **Light Cleaning**

There are two basic ways to lightly clean crystals, rocks, and crystal clusters. You can often clean them by using water or finding a dry method for those crystals that water might harm.

Light cleaning of crystals, crystal clusters, rocks, and gems is usually performed with water. However, there are a few important exceptions. Some minerals can be damaged by

water, so another cleaning method is needed. Be sure you are familiar with the types of crystals you are using before placing them in water.

Some users suggest soaking a crystal for 24 hours or more. There is no harm in such a practice. For those that feel that this much time is needed, by all means soak them for however length of time you desire.



Be sure to use distilled water, possibly with an alkaline pH balance, to avoid getting white mineral deposits from any minerals in the water on your new crystal. Also, be aware that Halite, Hanksite, and Borax, in particular, will quickly dissolve in liquid.

A few other minerals, notably fluorite and gypsum, will dissolve slowly but can quickly be dunked and cleaned off by water with no ill effects. These types of fragile crystals should not be soaked or left in water for more than a few seconds.

If you are cleaning quartz crystals, don't worry, water is fine. But if you possess some unusual crystal, do some research. Here is [John Betts' list of water-soluble minerals](#)

that should not be cleaned with water. If you examine this list, you will not recognize too many. Most common crystals can be safely cleaned in room temperature water with no ill effects for a few minutes.

Quartz crystal clusters can be cleaned with water if the entire cluster is composed of quartz or quartz and sandstone. Most quartz clusters have been cleaned at the mine, and the cleaning process removed water-soluble material. Pure quartz clusters can be placed in a stream of running water or in a water container with no ill effects.



Crystal clusters that are not pure quartz, for example, a cluster of garnets on matrix, should not be cleaned with water. The matrix may well contain some water-soluble material. If you get it wet, the specimen could fall apart.

We recommend that you do not use water on any crystal cluster other than one of pure quartz. Investigate your crystals history to know which cleaning method is appropriate for an individual crystal.



Light Cleaning | Polished Rocks and Crystals

Polished rocks, faceted gemstones, and cabochons have all been through a process of polishing and grinding that includes the use of water. Therefore, the finished product is safely cleaned with water.

Light Cleaning | Water Cleaning Process

To clean a crystal, cluster, polished rock, or cabochon with water, you have a couple of choices. The first is to soak the crystal or stone in a container of pure distilled water. You don't have to use distilled water if you have a soft water system.

You want to avoid the deposit of calcium or other minerals onto your crystal. For light cleaning, a few minutes of soaking are all that is required.

A second, and to our mind, the best approach is to use running water. This process should only take a few minutes. Let the water run over the crystal while you lightly rub the surface until you are satisfied with your results.